

## MEN'S VITAMINS & MINERALS

Vitalize your health with the MonaVie MN™ vitamin and mineral supplement. Designed to provide far-reaching nutritional insurance, this delicious, power packed formula doesn't just support your health, it changes it for the better. Featuring MonaVie BioEssence™ for greater bioavailability and 24 essential vitamins and minerals (all at efficacious levels), this total body health element increases performance and vitality. Enjoy a healthier life today—and tomorrow—with MonaVie MN.\*

- Features 24 essential vitamins and minerals
- Promotes optimal health and wellness\*
- Helps protect and maintain cells, tissues, and organs\*
- Rectifies nutritional deficiencies\*
- Supports brain, joint, cardiovascular, and immune health\*
- Protects DNA\*
- Optimizes eye, skin, and bone health\*
- Enhances energy metabolism\*
- Helps prevent the signs of aging\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## Supplement Facts

Serving Size: One Packet

	Amount per Serving	% DV*
Vitamin A (beta-carotene)	5,000 IU	100%
Vitamin C (ascorbic acid)	60 mg	100%
Vitamin D <sub>3</sub> (cholecalciferol)	1,000 IU	250%
Vitamin E (acetate, mixed tocopherols and tocotrienols)	45 IU	150%
Vitamin K <sub>1</sub> (phytonadione)	12 mcg	15%
Thiamine (thiamine mononitrate)	3.75 mg	250%
Riboflavin	4.25 mg	250%
Niacin (niacinamide)	35 mg	175%
Vitamin B <sub>6</sub> (pyridoxine hydrochloride)	10 mg	500%
Folate (folic acid)	200 mcg	50%
Vitamin B <sub>12</sub> (cyanocobalamin)	150 mcg	2500%
Biotin	750 mcg	250%
Pantothenic Acid (calcium pantothenate)	10 mg	100%
Calcium (calcium amino acid chelate & dicalcium phosphate)	200 mg	20%
Phosphorus (dicalcium phosphate & potassium phosphate)	120 mg	12%
Magnesium (magnesium amino acid chelate)	100 mg	25%
Zinc (zinc amino acid chelate)	4.5 mg	30%
Selenium (selenium amino acid chelate)	70 mcg	100%
Copper (copper amino acid chelate)	1 mg	50%
Manganese (manganese amino acid chelate)	1.2 mg	60%
Chromium (chromium amino acid chelate)	120 mcg	100%
Molybdenum (molybdenum glycinate)	37.5 mcg	50%
Sodium	28 mg	1%
Potassium (potassium phosphate)	40 mg	1%
Açai Freeze-Dried Powder	50 mg	**
Boron (boron glycinate)	1 mg	**
Inositol	20 mg	**
Choline (choline bitartrate)	10 mg	**

\* Percent Daily Value (DV)      \*\* Daily Value not established

Other ingredients: Corn starch, natural flavor, citric acid, sucralose, maltodextrin, xanthan gum.

**Recommended Use:** Stir contents of 1 packet into 8 oz. of water, 2 oz. of MonaVie® juice, or 1 serving of MonaVie RVL® Shake Mix.

If you are taking medication, consult your doctor before use.

KEEP OUT OF REACH OF CHILDREN



Distributed by MonaVie Inc., South Jordan, UT 84095  
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